

## **Degree of Difficulty Guidelines for Dance**

Revised August 2003

<b>DANCE</b>	
<b>5</b>	Minimum of 6 eight counts (in total) of advanced dance (arms and legs move at the same time and use "and" counts). These eight counts must be presented in a minimum of 2 separate sections during the routine. All team members must participate in the dance section to receive maximum points in this category. Each section of dance must contain a minimum of one formation change, quick formation and level changes, and ripples to qualify for a 5 for degree of difficulty.
<b>4</b>	Minimum of 6 eight counts (in total) of advanced dance (arms and legs move at the same time and use "and" counts). These eight counts must be presented in a minimum of 2 separate sections during the routine. All team members must participate in the dance section to receive maximum points in this category. Each section of dance must contain a level change, and ripples to qualify for a 4 for degree of difficulty.
<b>3</b>	Minimum of 4 eight counts (in total) of intermediate / advanced dance (arms and legs move at the same time and use "and" counts – some moves may be considered more stationary). These eight counts may be presented in 1 section during the routine. All team members must participate in the dance section to receive maximum points in this category. This section of dance must contain a minimum of one formation change, quick formation and level changes, and ripples to qualify for a 3 for degree of difficulty.
<b>2</b>	Minimum of 4 eight counts (in total) of stationary / basic dance. These eight counts may be presented in 1 section during the routine. All team members must participate in the dance section to receive maximum points in this category. Dance must contain a level change, and ripples to qualify for a 2 for degree of difficulty.
<b>1</b>	Limited dance ability that does not meet the requirements of the above categories

**\* NOTE THAT JUMPS WILL NOT BE COUNTED AS PART OF THE DANCE ELEMENT OF YOUR ROUTINE.**